

# BEAUTY

by Bari Trontz



## LA PRAIRIE

There is something exquisite about the Swiss. Sure, it could be their renowned watches, picturesque landscapes, or their skin care products. With a loyal fan base that resembles a line-up of Hollywood's royal court, La Prairie has come quite a long way from a small clinique in Montreux, Switzerland. La Prairie certainly isn't one to drop names, but we've heard that beauty icons like Angelina Jolie, Kate Moss, and Gwyneth Paltrow are all fans of La Prairie's caviar facials.

Located at the Ritz Carlton, La Prairie Spa lives up to its reputation. Patrons unwind in small but comfortable facilities while sipping champagne and enjoying seasonal fruit. The treatments at the spa are varied, but each pays particular attention to indulging the body in luxury. For those who are feeling particularly posh, you'll radiate with the Diamond Perfection treatment. With this service, diamond, pearl, and quartz crystals polish your body, followed by a moisturizing serum and signature Caviar Luxe Body Cream.

As summer draws to an end and we say goodbye to our Hamptons' escapes, many of us could benefit from a rejuvenating facial to prepare us for the office grind. Start September off with the Platinum Rare Infusion: a great addition to any moisturizing facial. The treatment infuses real platinum into the skin with a massage that will leave you radiant. Throughout the year, return to La Prairie to unwind with a Mini Retreat. The Mini Retreat is designed for on-the-go professionals who believe keeping up with one's appearance is sacred. With the Mini Retreat, patrons can choose any of two services: the revitalize hand treatment, anti-aging manicure, anti-aging pedicure, or the expert eyebrow design.

For those who either don't have the time or are just visiting NY, La Prairie is carried at fine department stores across the country. Please visit [www.laprairie.com](http://www.laprairie.com)

## JOURNEE

JOURNÉE™ is the only day cream that combines PSP® technology with anti-oxidants and broad spectrum UVA/UVB protection to offer a complete one-step, daily anti-aging treatment that revitalizes, protects, and hydrates skin. Suitable for all skin types, JOURNÉE™ makes a visible difference in the appearance of fine lines and wrinkles. The unique hydrating formulation helps to guard against premature skin aging. Non-comedogenic and dermatologist tested, JOURNÉE™ leaves skin radiant and luminous! Retail: \$75/15ml or \$120/30ml. Available at physicians or [www.lovelyskin.com](http://www.lovelyskin.com).



Dr. Lee Gause, DDS is the head of Smile Design Manhattan, one of New York's premiere providers of general, cosmetic, and implant dental care. Dr. Gause's commitment to excellence in dentistry is apparent in every facet of his business, from the comfortable, stress-free office environment to the quality of aesthetic dentistry provided to patients. He has received numerous awards and is a member of the ADA and the prestigious New York Invisalign Study Group. For more information, visit [www.smiledesignmanhattan.com](http://www.smiledesignmanhattan.com).

